Thy Mar-tyrs, O Lord, in their cou-ra-geous con-test for Thee
received as the prize the crowns of in-cor-rup-tion and life from
Thee, our im-mor-tal God. For since they pos-sessed Thy
strength, they cast down the ty-rants and whol-ly de-stroyed the

The Holy Forty-five Martyrs of Nicopolis in Armenia

July 10

Apolytikion

Fourth Mode
"Be quick to anticipate"

Oι μάρτυρες σου Κύριε
This I say, not only that you may yourselves sing praises, but also that you may teach your wives and children to do so, not merely to lighten the work while weaving, but especially at the table. For since Satan is wont to lie in wait at feasts, and to employ as allies drunkenness, gluttony, immoderate laughter, and an inactive mind; on these occasions, both before and after table, it is especially necessary to fortify oneself with the protection of the psalms and, rising from the feast together with one's wife and children, to sing sacred hymns to God.

-St. John Chrysostom